

## Day One

Arrive in Abingdon and visit The Arts Depot, an old freight station that now houses studios and galleries for working artisans. Enjoy downtown shopping and lunch at a variety of downtown restaurants. Check-in at The Martha Washington Hotel & Spa. Make time for some pampering at the Martha's full service spa, just sit on the spacious porch or catch up on some reading in their magnificent library. Enjoy dinner at "The Martha's Sister's American Grille"

## Day Two

Breakfast at the Martha and then experience Holston Mountain Artisans, a co-op of local and regional artisans. Also experience the unique tasting gallery at Abingdon Olive Oil Company, with 52 flavors you are sure to find a flavor you love. Lunch at Heartwood, Southwest Virginia's Artisan Gateway offering the regions finest in authentic crafts, music, food & wine which have been juried under the strictest standards. Find one of a kind jewelry, pottery, quilts and handcrafted musical instruments. Enjoy a great lunch at the farm to table restaurant. It's Always Playtime at Barter Theatre, the State Theatre of Virginia and where Ernest Borgnine, Patricia Neal and Gregory Peck started their careers. Visit William King Museum, with three rotating galleries, it's never the same museum twice and have dinner at one of Abingdon's distinctive restaurants.

## Day 3

Today you will be learning a little about the Revolutionary and Civil Wars. Abingdon is home to The Muster Grounds, the location where volunteer militia mustered September 24, 1780, before marching over the Appalachia Mountain to Kings Mountain, SC to turn the tides of the Revolutionary War. A magnificent exhibit will show you what life was like in those days for the troops and their families. Step back in time to the 19th century Virginia at 1860 Fields-Penn House Museum, a restored home of two of Abingdon's prominent families. The house museum features period room settings, William King's collection of regional decorative arts and pottery, a textile room, children's bedroom, and kitchen garden. See what life was like for a middle class family just before the Civil War. Noon - Lunch at The Peppermill. Fresh is the word in the kitchen and the great food and service is what we do best.