

## Lynchburg, Virginia...The Perfect Place For Adrenaline Junkies!

Is “Adventure” your middle name? Come to a destination where you can ski, skate, run, bike, hike, swim, fish or even FLY! Take a short 3-hour Amtrak train ride from the Nation’s Capital or fly or drive into Central Virginia and discover beautiful, adventurous Lynchburg, Virginia. Choose from any or all of the activities below and let us help you design a custom itinerary that works perfect for your schedule!

**BIKE THE TRAILS.** If you want a biking challenge, try out **Liberty Mountain Biking Trails** which has 70 miles of mountain biking and breathtaking views of the Blue Ridge Mountains! Or, if you have the family in tow, try **Blackwater Creek Trails** for 8 miles of paven and earthen-packed trails for a relaxing ride along the banks of the scenic James River.



**CLIMB HIGH.** Visit **Rise Up**, an indoor rock climbing facility for beginners to experts!

**PLUNGE INTO THE WATER.** Head downtown to the historic James River! You can canoe, kayak, or inner tube down the river. Take your fishing pole and a picnic lunch and spend the day relaxing. Guided fishing tours are available to show you to hot spots to catch small and large mouth bass.



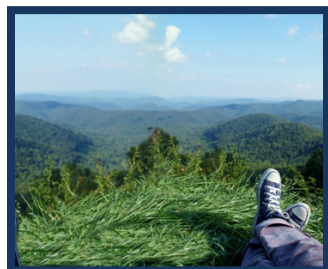
**HIT THE SLOPES.** Check out Lynchburg’s year-round artificial snow sports slope, the **Liberty Mountain Snowflex Centre**. Lynchburg is the only place in the NATION to have YEAR-



ROUND snow skiing, tubing or boarding! For those advanced snow dogs, be ready to grind your way down the mountain. There is also a bunny slope and lessons available for those that prefer a

smaller adrenalin rush! If ice skating is more your speed, check out the indoor ice skating arena, **LaHaye Ice Center!**

**FLY HIGH.** End your day by taking flight and seeing a beautiful sunset in a hot air balloon ride, a flying trike or even paraglide through the mountains!



**HIKE THE MOUNTAINS.** We are in the **Blue Ridge Mountains** so just pick your trail and get moving! The **Peaks of Otter Trail** offers great views of the mountains. Be sure to stop at **Peaks of Otter Winery** and **Johnsons’ Orchard** for tastings to make your experience complete! A hike to **Crabtree Falls**, the highest vertical – drop cascading waterfall east of the Mississippi River, offers some of the best views in the state!

When you discover Lynchburg, you discover endless options for the ultimate Adventure Seeker! Now... can you handle it?

Contact us today for planning your *complimentary* Outdoor Recreation Itinerary!

discover  
lynchburg  
VIRGINIA

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