St. Landry Parish Spiritual Trail



ARTS | CULTURE | SPIRITUAL EXPERIENCES

St. Landry Parish, Louisiana - Gumbo for your Soul!



St. Landry Parish is a rural, heritage destination in South Central Louisiana, a place with Cajun spirit and Creole soul.

Pastures of green and gleaming crawfish ponds represent the western side of the parish, while her other half is characterized by fields of millet, rolling hills, and bayous.

Her people are resourceful, spiritual, and the guardians of the diverse cultures who settled here - African, French, German, Italian, and Spanish.

If you find yourself in St. Landry Parish on August 15, the Fête-Dieu du Teche (photographed above) is an experience you cannot pass up. This floating Eucharistic Procession down Bayou Teche is in honor of the Feast of the Assumption of the Blessed Virgin Mary, Patroness of the Acadian people and of Acadiana. It is also a day that marks the anniversary of the arrival of French-Canadian immigrants who brought the Catholic faith to Acadiana after enduring great trials and suffering.

IT'S ALL ABOUT LOCATION

St. Landry Parish is conveniently situated between Alexandria and Lafayette, LA. Our parish seat, Opelousas, Louisiana, is located at the intersections of Interstate 49 and Highway 190 which leads to the Louisiana state capital, Baton Rouge. Also, keep in mind that St. Landry Parish is only 2 hours west of New Orleans and 20 minutes North of Interstate 10.

OPELOUSAS

Welcome to the Zydeco Music Capital of the World, Opelousas!



ST. LANDRY PARISH VISITOR CENTER

40 MINUTES - FREE ADMISSION - BUS PARKING - GROUP FRIENDLY

Take a mini-tour of the Cajun prairie and learn more about this award-winning center's sustainable practices. Also home to the Amédé Ardoin Commemorative.

978 Kennerson Road (Exit 23, South Service Road) | 337-948-8004



LE VIEUX VILLAGE HERITAGE PARK

1 HOUR - GROUP FRIENDLY - BUS PARKING

Tour a collection of buildings dating back to the 1700s. The grounds include an old schoolhouse, a Methodist church, a doctor's office, and one of the oldest Creole homes west of the Mississippi River. Also housed at Le Vieux Village, is the City of Opelousas Tourist Information Center & Gift Shop. The center houses the Jim Bowie Display and the Zydeco Music Exhibit.

1618 North Main Street | 337-942-2985



LOUISIANA ORPHAN TRAIN MUSEUM

1 HOUR - \$3 - BUS PARKING - GROUP FRIENDLY

This museum is one of only two locations in the U.S. to tell the story of the New York Foundling Hospital orphan train riders. Between 1853 and 1930, over 200,000 orphaned children were transported to foster homes in rural areas in the Midwest.Learn what life was like for them and take a tour with a descendant. On the grounds of Le Vieux Village Heritage Park.

223 South Academy Street | 337-948-9922 | 337-942-7845



MICHEL PRUDHOMME HOME

45 MINUTES - \$5 - STREET PARKING - GROUP FRIENDLY

This French Colonial home is believed to be the oldest structure in St. Landry Parish. Tours of the St. Landry Catholic Church and Cemetery are also available. Ask about the Father Lafleur Monument.

1152 Prudhomme Circle | 337-942-8011

OPELOUSAS cont.



ST. LANDRY CATHOLIC CHURCH & CEMETERY

30-60 MINUTES - BUS PARKING - GROUP FRIENDLY

Visit the second oldest church in the diocese and one of the finest examples of Romanesque Revival in Louisiana. Also home to the Father Lafleur Monument. During the second and third weekends in October, watch costumed re-enactors portray historic Opelousas figures during the Cemetery Tours & Historical Reenactments.

1020 North Main Street | 337-942-6552



CREOLE HERITAGE FOLKLIFE CENTER

ADULTS \$8, SENIORS \$7 (64+), CHILDREN (12 & UNDER) \$5 - GROUP FRIENDLY

Relive traditions of the Creole community with folklorist, Rebecca Henry. Learn about the use of herbs and folk medicine, everyday tools, home-life, and folk art. In the gift shop, find hand-sewn quilts, homemade soaps and potpourri, preserves, handcrafted dolls, and artwork. Guided tours available.

1113 West Vine Street | 337-945-5064



DASHING W FARM

GROUP FRIENDLY - BUS PARKING

Get to know retired racehorses Causeimadoll, Elzina, and Pappa on this 5.26 acre farm while you discover the mystique of horses and how their ability to offer immediate feedback about our presence, emotional intelligence, and body language can better connect you with your coworkers, friends, or family members.

313 County Ridge Road | 337-678-0883



HOLY GHOST CATHOLIC CHURCH

BUS PARKING - GROUP FRIENDLY

Founded in 1920, this church boasts the largest Catholic congregation of African Americans in the United States. Visitors are often struck with admiration at the sight of the church's collection of religious art depicting African Americans.

747 North Union Street | 337-942-2732

WASHINGTON / SUNSET

Visit the Washington Historic District and Sunset's Antique Avenue.



OLD SCHOOLHOUSE ANTIQUE MALL

FREE ADMISSION - BUS PARKING

Shop through 40,000 square feet of antiques, collectibles, and primitive items.

123 South Church Street, Washington 337-826-3580



ST. JOHN'S EPISCOPAL CHURCH

STREET PARKING - GROUP FRIENDLY

This Gothic Revival Church was completed in 1874. The church was used in the film, "Free State of Jones."

Take a tour with the Washington Garden Club.

308 Church Street, Washington 337-945-8274



ANTIQUE AVENUE IN SUNSET

STREET PARKING

Napoleon Avenue is lined with antique and flea market shops. Also, make time to visit Artworks by Ted Bertrand and Jerilyn's Fused Glass Studio.

Napoleon Avenue, Sunset Shop listings can be found at CajunTravel.com



GRAND COTEAU / ARNAUDVILLE

Visit peaceful Grand Coteau then follow scenic Hwy. 93 to Arnaudville.



ACADEMY OF THE SACRED HEART

\$5/\$1 - BUS PARKING - GROUP FRIENDLY

Visit the site of the only documented and Vatican-approved miracle in the United States. Learn how that miracle led to the canonization of Saint John Berchmans, and what life was like at the Academy during the Civil War.

1821 Academy Road | 337-662-5275



NUNU ARTS & CULTURE COLLECTIVE

FREE ADMISSION - BUS PARKING - GROUP FRIENDLY

NUNU is much more than a gallery! This collective features locally handcrafted items and hosts several events including quilting circles, jam sessions, and French Tables. Ask about their drum circles!

1510 Bayou Courtableau Highway | 337-453-3307



BAYOU TECHE BREWING

FREE ADMISSION - BUS PARKING - GROUP FRIENDLY

Lift your spirits with local craft beer! Sample ales in the tap room and tour the brewery in English or in French. Live music on Friday, Saturday, and Sunday.

1002 Noth Lane | 337-303-8000



ST. CHARLES BORROMEO CHURCH & CEMETERY

GROUP FRIENDLY - BUS PARKING

St. Charles Borromeo Church & Cemetery was designed by New Orleans architect James Freret with a 3,104-pound bell whose toll can still be heard today. Peruse their extensive collection of art with stained glass windows, paintings, statues, and ornate altars. The cemetery itself dates back to the early 1800s with grand oaks and expansive green, pastoral views.

174 Church Street | 337-662-5279

EUNICE

Celebrate our history and French culture in the Prairie Cajun Capital



BFAUCOUP

STREET PARKING

Mini boutique mall featuring handmade gifts and items for all ages. Shop gourmet snacks, handmade jewelry, Mardi Gras costumes and masks, religious items such as rosaries and holy water fonts, original art by Haidee DeRouen, and so much more!

114 South Second Street | 337-550-4727



JEAN LAFITTE NATIONAL PARK & PRESERVE - PRAIRIE ACADIAN CULTURAL CENTER

FREE ADMISSION - STREET PARKING - GROUP FRIENDLY

The only one of its kind, this center tells the story of the Acadians who settled the prairie region of Southwest Louisiana. View extensive exhibits and artifacts interpreting the history, language, music, and architecture of the prairie Cajuns. Every Saturday, music, crafts, and Cajun cooking demos take place at the center. Visitors can even learn how to Cajun waltz.

250 West Park Avenue | 337-457-8499



THE LIBERTY THEATRE

FREE ADMISSION - STREET PARKING - GROUP FRIENDLY

This restored 1924 Vaudeville Theatre hosts the internationally recognized radio and TV show, Rendez-vous des Cajuns. Family friendly and emceed in French and English.

200 West Park Avenue | 337-457-7389



CAJUN PRAIRIE HABITAT RESTORATION SITE

GROUP FRIENDLY - FREE ADMISSION

Get back to nature at the beautiful and inspiring 10-acre living exhibit of Louisiana native plants, flowers, and grasses. Touted as one of the United States' leading restoration sites with more than 100+ flora species.

635 East Magnolia Avenue | 337-457-4497 | 337-328-2252